#### **Breakfast Meal Prices**

Students: Free Guest (staff & visitors): \$2.00

#### **Lunch Meal Prices**

Asbury Students: \$3.25 Guest (staff & visitors): \$4.00

# **Breakfast**

## Monday

Breakfast Pizza Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

## Tuesday

Chicken Biscuit Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

#### Wednesday

Breakfast on a Stick with Syrup Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

#### Thursday

Scrambled Eggs, Sausage, & Toast Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk

## Friday

Super Donut Cereal & Grahams Fresh Fruit & Fruit Juice Choice of Milk



# Lincoln County Schools Asbury Academy Menu

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100	Monday	Tuesday	Wednesday	Thursday	Friday
* * *	1/8 Deluxe Chicken Sandwich Cheese Pizza French Fries Carrot Sticks w/Ranch Apple Pie	1/9 Walking Tacos Meat Eaters Pizza Black Beans Buttered Corn Pineapple Bits	1/10 Bacon Cheeseburger Ranchero Pizza Baked Beans Coleslaw Sliced Peaches	1/11  Meatloaf with Roll  Cheese Dippers w/Marinara  Mashed Potatoes  Green Peas  Frozen Fruit Cup	1/12 Chicken & Cheese Quesadilla Pepperoni Pizza Sweet Potato Fries Green Beans Rosy Applesauce
A MITTER AND A	MARTIN LUTHER KING DAY	1/16 Chicken Sliders w/ Macaroni & Cheese Meat Eaters Pizza Green Beans Carrot Sticks with Ranch Pineapple Bits	1/17 Cheeseburger/Hamburger Ranchero Pizza Glazed Carrots Steamed Broccoli Mandarin Oranges	1/18 Boneless Buffalo Wings with Roll Cheese Dippers w/Marinara Tater Tots Celery Sticks with Ranch Frozen Fruit Cup	1/19 Chicken Tenders w/Roll Pepperoni Pizza French Fries Coleslaw Apple Pie
* *	1/22 Deluxe Chicken Sandwich Cheese Pizza Sweet Potato Fries Green Beans Sliced Peaches	1/23 Chicken Pie with Roll Meat Eaters Pizza Buttered Corn Cucumber Slices w/ Tzatziki Frozen Fruit Cup	1/24 Cheeseburger/Hamburger Mini Corn Dogs Bacon Ranch Potatoes Baked Beans Diced Pears	1/25 Baked Spaghetti w/Garlic Knot Cheese Dippers w/Marinara Potato Wedges Steamed Broccoli Pineapple Bits	1/26 Popcorn Chicken w/Roll Pepperoni Pizza Tater Tots Carrot Sticks w/Ranch Rosy Applesauce
AND THE W	1/29 Deluxe Chicken Sandwich Cheese Pizza French Fries Carrot Sticks w/Ranch Apple Pie	1/30 Walking Tacos Meat Eaters Pizza Black Beans Buttered Corn Pineapple Bits	1/31 Bacon Cheeseburger Ranchero Pizza Baked Beans Coleslaw Sliced Peaches	***	For more information about the meals served in Lincoln County Schools, visit the Child Nutrition website at www.lincoln.k12.nc.us or call
* HAPPY * *			A Peanut Butter & Jelly Sandwich with Yogurt and Goldfish Crackers will be offered as an entrée choice each day.		

Side Salad will be effered everyday as a vegetable sheige

Side Salad will be offered everyday as a vegetable choice.

Fresh Fruit will be offered everyday as a fruit choice.

Choice of milk offered everyday.